

ECK WISDOM

on

Spiritual
Freedom

Excerpts



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How Soul Finds Freedom

Spiritual freedom is growing into a state of more godliness. How do you do this? By becoming aware of the lessons behind your everyday experiences. This is how you grow into a loving awareness of the presence of God.

Spiritual freedom is a difficult topic to talk about, because in the grand view of things, spiritual freedom means to be free of whatever is causing us problems here.

“Rosa” has had many serious problems that have not crushed her, but which have developed in her lightness of heart and a sense of humor. One day, at her favorite farm, she lost her car keys. She had meant to fill her car with plump pumpkins, sunflowers, and other flowers. But now?

Where were those car keys?

This is when her thirty years in Eckankar, and life’s experiences, saved the day. She declined to fret, choke back tears, or feel abandoned – some usual reactions. Instead, she joked with the men who worked at the farm.

“Does your little dog know how to find keys?”

“If they smell like chicken. He can find them,” one replied.

Rosa laughed, actually laughed, with her keys lost. No crying!

Then her inner guidance showed her a picture of where the keys were. They were in the paper which wrapped a bouquet of fresh-cut flowers just purchased.

So, she realized that the usual reactions of panic, anxiety, and fear would have cut off her inner guidance from Spirit. But spiritual detachment and thirty years of ECK training had allowed her to return home with all her planned-for-bounty.

Rosa, then, had two things in her favor: a sense of humor and a complete trust in Divine Spirit. This is how ordinary life events test our wings. Will we accept freedom from our habits of opinion, emotion, reaction? Will we trust the divine goodness of Spirit to lead us to a higher path?

The ultimate state of spiritual freedom brings wisdom, love, and spiritual power. But there are stages in between. We expand or unfold from no freedom into a greater state of spiritual freedom.

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Secrets of Mastership

People who understand truth understand love and have love.

These people are self-responsible. They are strong in and of themselves. They go through the same hardships as other people, but they are the ones with an inner strength. Life will try to crush their spirit, but their strength comes not from any kind of material goods or a wealthy background. It is purely an inner strength.

They love unconditionally.

They love God because they know that God loves them. And anyone who truly knows this will find a great sense of freedom.

The Source of Freedom

On the inner planes I was walking through the streets of a town in the manufacturing area. Two young boys came running after me; they were about ten or eleven. One called to me, “Can we come along with you?”

“Sure,” I said.

We came to a huge warehouse, big enough to hold the Goodyear blimp. As soon as we went in, the boys began to jump around excitedly with a kind of joy. There was real freedom in this place.

“Do you know why you have this sense of freedom?” I asked them. They shook their heads; they didn’t know. I said, “Look at the people in here.”

For the first time, they looked around. The entire building was filled with craftspeople, experts in their fields. There were master carpenters, master plumbers, computer operators, interior designers, artisans, and artists. They were remodeling the warehouse and creating things for people.

“Look at these people,” I said again. “Each is an expert. They come here to do whatever they do better than anyone else. They get their satisfaction in life from doing a job well. Buyers come here expecting the finest, and they get it.”

A young man in his midtwenties came walking by. He said, “I overheard you talking about what it takes to attain mastership and spiritual freedom,” he said. “What did you do when you worked in a production phase like this?”

“I worked in printing,” I said. “But whether it’s printing or another craft, learning how to be careful and exact with what you do is the key. Do it for the love of God and not for the love of money.”

I told the two young boys to come back again tomorrow, to watch the craftspeople at work. If the boys care enough about a task, some craftsperson might show them the secrets of how to become a master in that area.

These people were living spiritual freedom. And the first step to attaining this freedom is learning how to do something well because you love it, not because you’re being paid to do it. The lesson of the warehouse and the spirit of freedom that the young boys felt is this: Become an expert in something. You need to be grounded in something. When you do something for God, for the highest principle, you do each step until it sings.

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Your Passkey to Life

The Spiritual Exercises of ECK are the lost passkey to life. They give the secrets of the ancient ones. Why be life’s victim? A greater state of consciousness is a direct result of doing your spiritual exercises and will reveal new ways to ease your life.

Such freedom is but one of the many benefits that come to all who wish to find the living way and do something about it.

The Miraculous Power of Your Imagination

Soul is a reflection of the ECK, for it was created from this Spirit and given free will to make choices.

Soul's attribute includes both intelligence and imagination, and hence It can postulate and create things. It is the spark of eternal being that God has tucked within human and other material forms to animate them. As a result, Soul is like God in that It enjoys an inventive nature that sees no limitations.

The creative imagination is God's special gift to us, which develops along two lines: the mental and spiritual. The spiritual line creates things of a higher and finer nature than anything the mind could ever conceive of. The mind, on the other hand, is at its finest when it is like a surgical tool for the projects of Soul.

The creative imagination is vital in that it gives people a way to help bring the greatest spiritual blessings into their lives. So, what begins as imagination ends as a doorway to heaven. Yet it can influence the workings in this world too.

Training the Imagination

The imaginative faculty within yourself is like a muscle; you're going to have to train it day after day. Experiment. Set up enjoyable things to do on the inner planes. If one technique doesn't work for you, then modify it, adapt it, experiment. Do whatever you can.

The Mahanta, the Living ECK Master tries to find ways to help people who are on the borderline of orthodox thought and seeking the real truth. He tries to help them explore the inner worlds so they can gain more wisdom and freedom. This is part of spiritual liberation. It is part of the package of God Consciousness – to be fully, universally aware of your own worlds at all hours of the day and night.

The purpose of the Living ECK Master is to help each Soul find liberation from the wheel of reincarnation. It is not necessary to wait until after death to attain freedom.

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A Spiritual Exercise on the Mountain of God

This is a technique of the imagination. Find a quiet place for this spiritual exercise where no one will disturb you for ten or fifteen minutes. Then shut your eyes and look behind and between your eyebrows. That is the location of your Spiritual Eye.

Now imagine you are climbing to the top of a broad green mountain. Follow the dirt path that leads to a meadow dressed in a carpet of bright, cheerful flowers. Powder-white clouds kiss the summit of the mountain and will instill in you a sense of great joy and wonder. That is the Mountain of God.

When you reach the top, lie upon the thick, soft carpet of luxurious grass. Feel the sunshine play on your face, arms, and body. Now shut your eyes there on the mountain, too, as you did at the beginning of the spiritual exercise.

Then look gently but steadily into your Spiritual Eye for the Light of God. While waiting for It to appear, sing HU slowly, again and again.

The Light may appear as a soft field of light, similar to the soft white clouds above the mountain. Or it may be a pinpoint of light – blue, white, purple, or even green or pink.

Continue to watch for the Light within your Spiritual Eye. Now also start listening for the Sound of God – the vibration of the Holy Spirit moving the atoms of life. You may hear It as a sound of a flute, a rushing wind, the chirping of birds, a crashing waterfall, ringing bells, or the buzzing of bees. These are actual, not imaginary, sounds.

This dual manifestation of the Voice of God can bring you more love, wisdom, and understanding.

Let the experience be all you can imagine it to be – and maybe even more.

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